FREEDOM
RESTAURANT

ISLAND FLAVOURS • SEASONAL INGREDIENTS • A BRIGHTER DAY

# BREAKFAST MENU

### FARM EGG OMELETTE
Choice of Tomato, Red Onion, Spinach, Mushrooms, Cheese, Bacon or Sausage

### SOFT SCRAMBLED EGGS
Grilled Tomato, Fresh Herbs

### AVOCADO & POACHED EGGS
Toasted Sourdough, Herbs, Chilli Flakes

### SMOKED SALMON & EGGS
English Muffin, Herbs

### BUTTERMILK PANCAKES
Guava Butter, Seasonal Island Fruit, Maple Syrup

### BANANA BREAD FRENCH TOAST
Caramelized Pineapple, Toasted Nuts

### SHRIMP & GRITS
Cheddar, Crispy Pancetta, Blistered Cherry Tomatoes, Scallion, Scotch Bonnet Butter

## WELLNESS BOWLS

NOURISHING STARTS FOR BRIGHTER DAYS

### TROPICAL YOGURT BOWL
Pineapple, Mango, House Granola, Toasted Coconut, Cranberries

### COCONUT CHIA BOWL
Seasonal Fruit, Toasted Seeds, Coconut Flakes

### OVERNIGHT OATS
Coconut Milk, Banana, Berries, Chia Seeds, Toasted Nuts

## SIDES

APPLEWOOD SMOKED BACON / PORK SAUSAGES / HERB POTATOES / AVOCADO / 2 FARM EGGS / SAUTEED MUSHROOM

Please let your server know if you have any dietary restrictions or allergies.

GOOD FOOD BRIGHTER DAYS

The Cove
ELEUTHERA, BAHAMAS

# EVENING IN ROOM DINING

## COMFORTS

**COVE CAESAR SALAD**
Romaine, Parmesan, Croutons, Anchovy Dressing

**CRISPY TOFU WRAP**
Caribbean Curry Mayo Summer Slaw, Cucumber, Pickled Red onion

**COVE SMASH BURGER**
Angus Beef, Cheddar, Pickles, Onion, Special Sauce, Brioche Bun

**SPICY CHICKEN BURGER**
Jerk Spiced Chicken, Slaw, Pickles, Chili Mayo, Brioche Bun

**FLATBREAD**
Tomato, Mozzarella, Basil, Olive oil

**GARLIC & CHILLI LINGUINE**
Chicken Or Shrimp, Lemon, Parsley, Parmasan

**NEW YORK STRIP & FRIES**
Grilled Angus Beef, Peppercorn Sauce, Fries

## SIDES

FRENCH FRIES

TRUFFLE FRIES

MAC & CHEESE

COCONUT RICE & PEAS PILAF

DRESSED SALAD

## SOMETHING SWEET

ICE CREAM SANDWICHES
Daily flavours

CHOCOLATE MOUSSE
Coconut Sorbet, Sesame Tuille

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